



Course Title: First Aid

Length: 3 or 6 hours

Learning Outcomes

- Understand different definitions in relation to First Aid.
- Identify different courses of action for different health care emergencies.
- Recognise First Aid priorities.
- Demonstrate the practical skills required for use of the recovery position and cardio-pulmonary resuscitation (CPR)
- Understand the contents of a First Aid box

All courses include handouts and certificates.

Links in part to Common Induction Standard 8: Health and Safety in an adult social care setting

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