



Course Title: Moving and Handling People

Length: 6 hours

Learning Outcomes

- Principles of caring for you back
- Identifying and assessing risks
- Understanding relevant legislation
- Roles and responsibilities of the worker
- The spine and how it works
- Good practice guidance for manual handling
- Principles and practical aspects of moving people safely using equipment

All courses include handouts and certificates.

Links in part to Common Induction Standard 8: Health and safety in an adult social care setting

Links to QCF Diploma Level 2 HSC Unit 2028: Move and Position individuals in accordance with their plan of care. Learning outcomes 1-3

www.advancecaretraining.com

Tel: 01159 718 297

E mail: info@advancecaretraining.com

Mercury House, Shipstones Business Centre, Northgate, New Basford,
Nottingham NG7 7FN
Company No: 5518242